

## **A Knot for ALL Reasons**

**Condensed from Embroidered and Embellished by Christen Brown**

### **Knots for Twisted Threads and Floss**

The following knots are designed to eliminate bulk, loops and unwanted knots.

#### **Surgeons Knot for Twisted Threads and Floss**

1. Hold the threaded needle in one hand with the point of the needle facing the other hand.
2. Place the tail of the thread towards the point of the needle; place the tail on top of the needle and under your thumb.
3. Wrap the length of thread around the needle **3** times; place the wraps under your thumb.
4. Pull the point of the needle firmly through the knots. Clip off any excess thread.

#### **Surgeons Knot Ending A Stitch in Fabric**

1. Take a small stitch on the wrong side of the fabric; leave the needle in the fabric.
2. Wrap the length of thread **3** times around the needle; hold onto the wraps and the needle close to the fabric.
3. Pull the point of the needle firmly through the knots. Clip off the excess thread.

#### **Tailor's End Knot**

1. Place your thumb close to the thread, on the wrong side of the fabric.
2. Wrap the thread around the thumb; insert the needle from back to front under the loop of thread.
3. Pull the needle through the loop; remove your thumb, placing it over the loop that was created.
4. Pull the thread tight, to create the knot. Clip off the excess thread.

### **Knots for Silk Embroidery Ribbon**

Silk embroidery ribbon can fray over the eye of the needle. These knots will allow you to use more of the ribbon and eliminate the fraying.

#### **Eye Knot**

1. Thread the ribbon 2" beyond the eye of the needle. Pierce the needle through the ribbon, 1/4" from the tail.
2. Pull the opposite tail to snug the ribbon up next to the eye.

#### **Tail Knot**

1. Thread the needle through the opposite tail with a running stitch. Pull the ribbon through the stitch until a small loop of ribbon is left.
2. Thread the needle through the loop to create a knot, pull the ribbon tight.

#### **Stitched Tail**

This is used for a flatter, more professional look and is the best solution for 7mm or wider silk ribbons.

1. Thread the needle through the fabric; leave a 1/8" tail on the wrong side of the fabric.
2. Stitch the tail to the underside with sewing thread. Use this technique for both the beginning and end of the stitch.

### **Knots and Threading for Metallic or Blended Threads**

This knot will keep metallic threads from fraying while you stitch, this is also a good knot for blended threads. Knot the tail of the end as you would any thread.

#### **Threading with the Paper Trick**

1. Cut a piece of paper 1" long and the same width of the eye of the needle.
2. Fold length of the paper in half; place the tail of the thread into the fold.
3. Thread the ends of the paper through the eye dragging the thread along.
4. Remove the paper.

#### **Beginning Eye Knot**

1. Thread the loop over the tip of the needle.
2. Leave a short tail, and pull the working end of the thread to fit the loop around the eye of the needle