

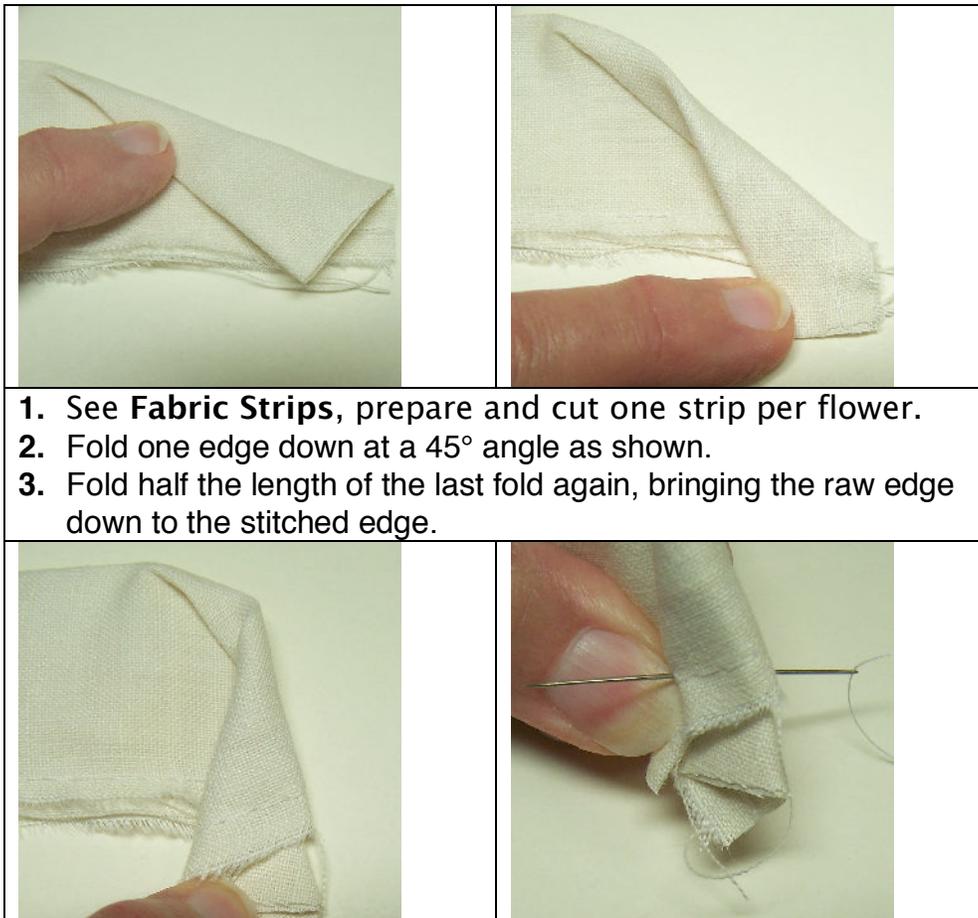
Shabby Rose by Christen Brown

This rose is made from a strip of fabric that is cut twice the finished width of the petals. The fabric width is folded in half and ironed so that the petals have a firm edge.

Fabric Strips

1. Rip or cut with a rotary cutter the fabric strips in the following suggested widths x the full length (40" - 45") of the fabric.
 - Large Flower: 3" strip
 - Medium Flower: 2" strip
 - Small Flower: 1-1/2" strip
2. Fold the width in half, press.
3. Stitch a seam along the raw edges with the sewing machine.

Instructions



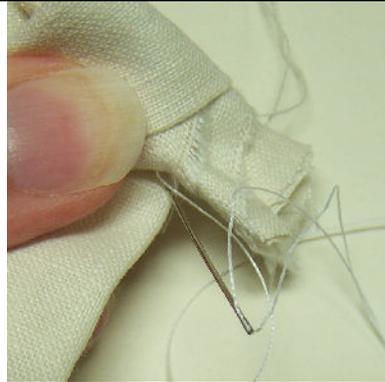
4. Repeat **step 2**, folding in the beginning piece of fabric as shown.
5. Insert the needle through the fabric close to the stitched edge. Tack-stitch a few times to keep the folded section in place. Knot the thread.



6. This is the center of the flower.
7. Place your thumb under the fabric strip and with your forefinger on top of the strip as shown.



8. Fold your hand over and back under towards you; forming a 45° angled fold in the fabric as shown.
- *Note:** Once the angle is formed the stitched edge will be on top, then vice versa the next time you fold the fabric.
9. Begin to wrap the center of the flower to the left, along the stitched edge.



10. Stop just before the end of the 45° angle fold at the top edge.

11. Tack-stitch a few times into the raw edges to keep the folded section in place. Knot the thread.

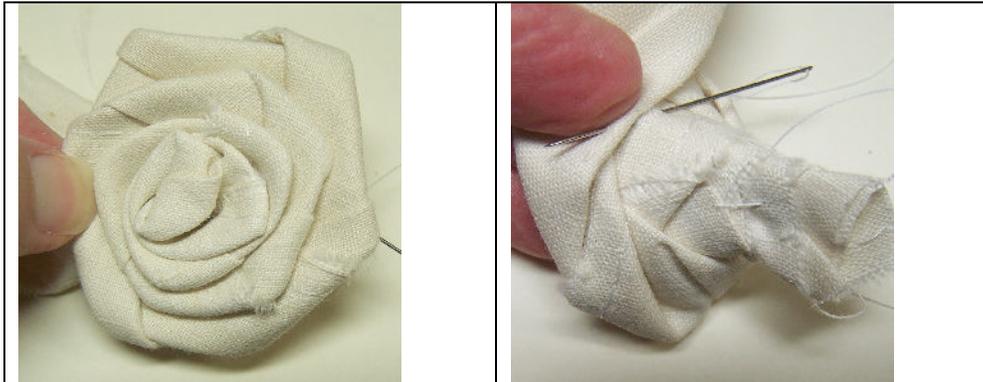


12. Repeat **steps 7 - 11** two more times.



13. Repeat **steps 7 - 8** six times without turning the center or tacking the folds.

14. Roll the center into the folded length of fabric; keeping the raw edges on the wrong side.



15. Tack-stitch the folded section in place next to the wrong side of the folds that form the center.



16. Cut off the excess fabric. Tack-stitch a few times into the raw edges. Knot and cut the thread.

Options:

This flower could also be made from ribbon, but there is no need to iron the width of ribbon in half. Start with a yard for 1" or narrower widths of ribbon, working and adapting to the above instructions. I would just follow **steps 7-11** until you reach the desired fullness, then **step 16**.

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